

*"Blessed are they who seek me. In seeking me, their long period of forgetfulness is coming to an end. They are awakening to who they truly are—a living part of me, manifesting life and radiating love.*

*"You have forgotten to look for me, much less gaze upon my countenance, oh, ye of little faith. There are countless numbers who live in the expectancy of my coming. In truth, I never left.*

*"Let him who has ears to hear, let him hear, now.*

*"You seek me amidst your blindness. You look upon me without recognition. You touch my hand and know not whom you have touched.*

*"You proclaim my name and my teachings as it suits you and the occasion. Awaken, behold the reality of my being that is among you.*

*"I am the earthquake, wind, and fire.*

*"I am the still small voice piercing the thunderous tumult. "I am the peace beyond all understanding.*

*"I am the light that guides all men to the Father.*

*"I am the love that overcometh all things.*

*"I am the light that illumines the minds of men. I am the sustenance of men's souls.*

*"I am your life and you are my own. "I am the very breath you breathe. "We are one in the Father.*

*"Do not despair, I will never leave thee nor forsake thee, nor can you truly forsake me, for we are one.*

*"Let the old way be gone. It must die and its ashes be blown to the four corners of the earth. The new is emerging but you must change your perspective. Do not look for me in the form of a man. The time is not yet. But look for me in the life that speaks to you in your everyday activities. You have looked amiss.*

*"I have no limitations and am not bound by physical dimensions."*

*"I defy logic and am beyond your conceptual imaginings."*

*"I live and move and have my being in all there is. You have sought me amiss.*

*"My countenance is seen within each face of my Father's creation. Look upon your brother and see my face.*

*"Bend over a still pool. Do not be deceived. The image that you see reflected is my own.*

*"Do you not see the truth now?*

*"Learn of me. Take within your hand a leaf, a stone, a drop of water, and know that nothing exists that does not contain me.*

*"Have you not known that I am eternal life and therefore recognize neither the past nor the future? Only the now, that is. Live in the now, with me.*

*"I stand in the light, as you stand in the light. But you do not know of your light. I am here to show you that your light and my light are one and the same. Once you recognize this divine light to be a part of all that is, will you then begin to understand your own relationship to life, to your creator, and thereby to your own sonship eternal.*

*"I neither slumber nor sleep and you must learn that your soul neither slumbers nor sleeps. Once you realize this, you are aware of your spiritual vitality and wakefulness to your high consciousness. In so knowing you will understand that I am truly closer than your hands and your feet. In this knowing, in this knowledge, we are one.*

*"Live in truth. Be truth. Live in beauty. Become an artist in living. "Live in me and let me express you.*

*"I reside in all space and no space, all time and no time.*

*"Once you turn and become a part of my reality, all power is restored unto you. This is the power that makes you one with all things. This is the power that will set you free.*

*"My children, abide in me."*

From 'Far Journeys' Robert Monroe, pp 60-61